

2026 UPDATE IN

GASTROENTEROLOGY HEPATOLOGY AND ENDOSCOPY



FRIDAY, FEBRUARY 20, 2026
7:30 AM - 4:00 PM

HYATT REGENCY
300 EAST 9TH STREET
CORALVILLE, IOWA

OVERVIEW

The “what, how, and why” of gastroenterology, hepatology and endoscopy need to be addressed regularly as information evolves rapidly. Updates will be provided in didactic lectures with real world case applications. At the close of each lecture block, a panel discussion will allow for an interactive question & answer session and apply the material to real world scenarios posed by conference participants.

ACCREDITATION



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American

Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 5.0 ANCC contact hours.

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Associate: The University of Iowa Roy J. and Lucille A. Carver College of Medicine has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact The Department of Internal Medicine Division of Gastroenterology and Hepatology in advance at (319) 356-3108.

OBJECTIVES

1. Describe the updated definition and diagnostic criteria for MASLD.
2. Compare traditional treatment approaches with emerging therapeutic strategies for MASLD
3. Summarize the latests clinical guidelines for managing chronic hepatitis B
4. Identify key changes i HBV treatment recommendations and their implications for patient care
5. Apply new evidence-based dietary recommendations to optimize liver health
6. Outline the indications and contraindications for EUS-guided procedures
7. Evaluate the benefits and risks of EUS-guided interventions compared to traditional approaches
8. Discuss the mechanism of action and clinical use of new IBD medications
9. Assess how top-town therapy strategies improve outcomes in moderate-to-severe IBD
10. Explain the rationale and indications for using pharmacotherapy in weight management, including patient selection criteria
11. Describe the mechanisms of action of FDA-approved weight loss medications and emerging therapies
12. Recognize early signs and symptoms of IBD in primary care settings
13. Implement appropriate referral and initial management strategies for suspected IBD cases
14. Review epidemiologic trends of gastric cancer in the U.S.
15. Evaluate the feasibility and effectiveness of screening strategies for gastric cancer in U.S. populations
16. Explain how AI technology is integrated into endoscopic practice
17. Critically appraise the clinical impact of AI-assisted polyp detection on patient outcomes
18. Describe nutritional sstrategies for patients with short bowel syndrome
19. Interpret SPSFT recommendationsn on low-volumn colon preparation and apply them to clinical practice

REGISTRATION

Physician	\$ 140
After February 13, 2025.....	\$ 160
Virtual Only.....	\$ 120
Pharmacists & Other Health Professionals	\$ 70
After February 13, 2025.....	\$ 90
Virtual Only.....	\$ 60
Trainees - Students, Residents & Fellows	\$ 55
After February 13, 2025.....	\$ 75
Virtual Only.....	\$ 45

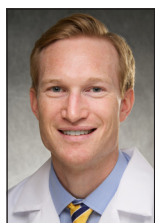
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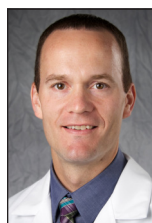
PRESENTERS

Alan Gunderson, MD



Clinical Associate Professor
Clinic Director, James A Clifton Digestive Health Center
Director, Transplant Hepatology Clinic
Division of Gastroenterology and Hepatology
Department of Internal Medicine
University of Iowa Health Care

Peter Nau, MD MS, FACS



Clinical Professor of Surgery
Surgical Director, DHC
Program Director, Bariatric Fellowship
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Department of Surgery
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Marta Tejedor Bravo, MD, MSc, PhD



Clinical Associate Professor
Division of Gastroenterology and Hepatology
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Serhan Karvar, MD, PhD



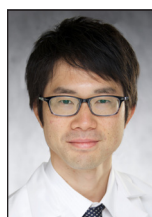
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Tomohiro Tanaka, MD, PhD



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Health Management and Policy
College of Public Health
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Renee Fields-Hu, MBA, RDN, LD



Clinical Dietitian II
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Ngozi Vivian Nwude, MBBS



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Abduallah Abbasi, MBBS



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Josie Drumm, MSN, FNP-C



Nurse Practitioner
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Divya Ashat, MBBS



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Katelin Durham, MD



Chief Fellow
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AGENDA: UPDATES IN GASTROENTEROLOGY, HEPATOLOGY, AND ENDOSCOPY • OAKDALE BALLROOM 1-3 • FEBRUARY 20, 2026

7:30 - 7:50 AM	Registration & Continental Breakfast
7:50 - 8:00	Welcome Remarks — Alan Gunderson, MD

MORNING SESSION

8:00 - 8:20	MASLD: New Paradigm of Treatment — Marta Tejedor Bravo, MD, MSc, PhD
8:20 - 8:30	Questions
8:30 - 8:50	HBV: New Guidance — Sara Naimimohasses, MBBCh, PhD
8:50 - 9:00	Questions
9:00 - 9:20	Nutrition: New Guidelines in Liver Disease — Renee Fields-Hu, MBA, RDN, LD
9:20 - 9:30	Questions
9:30 - 9:50	EUS Guided Interventions — Abdullah Abbasi, MBBS
9:50 - 10:00	Questions
10:00 - 10:30	BREAK
10:30 - 10:50	IBD: New Medications Facilitating Top-down Therapy — Divya Ashat, MBBS
10:50 - 11:00	Questions
11:00 - 11:20	Weight Management in 2026: Surgery vs Medications — Peter Nau, MD, MS, FACS
11:20 - 11:30	Questions
11:30 - 11:50	IBD for PCPs — Serhan Karvar, MD, PhD
11:50 - 12:00 PM	Questions
12:00 - 1:00	Lunch

AFTERNOON SESSION

1:00 - 1:20 PM	Gastric Cancer: Screening in US Populations — Tomohiro Tanaka, MD, PhD
1:20 - 1:30	Questions
1:30 - 1:50	AI Endoscopy: Are Man & Machine Better Together and is Finding More Polyps Always Better?
	— Ngozi Vivian Nwude, MBBS
1:50 - 2:00	Questions
2:00 - 2:20	Short Bowel Diet — Josie Drumm, MSN, FNP-C
2:20 - 2:30	Questions
2:30 - 2:50	Less is More? USPSTF Guidance on Low-volume Colon Preparation — Katelin Durham, MD
2:50 - 3:00	Questions
	End CME
3:00 - 4:00	Vendor Exhibits — outside Ballroom 1